

# MARK A. WILLIAMS, PH.D.

Clinical ~ Forensic ~ Neuropsychology ~ CA Psychologist License# 22932



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## AREAS OF INTEREST

- Accelerated Experiential Dynamic Psychotherapy
- Interpersonal Neurobiology
- Neuropsychotherapy
- Individual Therapy - Adults & Adolescents
- Emotion Focused Couples Therapy
- Cognitive Behavioral Therapy
- Depression
- Anxiety
- Grief & Loss
- Trauma and Recovery
- PTSD
- EDMR
- Teaching and Mentoring
- Stress Management
- Forensic Assessment
- Neuropsychological Assessment
- Psychological Assessment
- Consultation and Record Review
- Seminar Presentations

## SUMMARY

I am committed to providing a nurturing and healing therapeutic environment that offers safety and security unsparingly. I am motivated to help my clients become stronger in the face of their trauma, loss, and painful experiences. The core of my theoretical approach is informed by intersection of neuroscience and psychotherapy. Today's brain research demonstrates that a positive, responsive, safe relationship produces chemicals and hormones that enhance the development of higher brain function and the regulation of emotions and stress. The neuroplasticity of the brain coupled with the power of a positive relationship informs my approach to psychotherapy and has tremendous implications in transforming lives. I have had the honor of partnering with patients and clients for more than 20 years in this process.

## WORK EXPERIENCE

2009 - Present Senior Supervising Psychologist, Neuropsychologist

Department of State Hospitals - Patton, Calif.

As a hospital wide psychology consultant, my duties have included:

- Working with multidisciplinary treatment teams to facilitate forensic evaluations, neuropsychological assessments and treatment to forensically and civilly committed patients with identified cognitive disorders and/or developmental disabilities and significant behavioral challenges.
- Developer and coordinator of the Recovery Inspired Skills Enhancement (RISE) specialized cognitive rehabilitation program.
- Individual and group psychotherapy

2006 - Present Adjunct Lecturing Professor

California State Polytechnic University, Pomona

Instructor of record for the following courses;

- Graduate Seminar: Neurobiology of Mental Illness
- Multicultural Psychology
- Abnormal Psychology
- Brain and Behavior
- Introduction to Psychology
- Research Methods and Design
- Human Sexuality and Relationships

2006 - 2009 Staff Neuropsychologist

Positive Behavioral Support(PBS) Service Chair

Department of State Hospitals - Patton, Calif.

Supervise professional mental health staff in:

- Conducting applied behavioral analysis and functional assessments for psychiatric inpatients with significant behavioral disturbance.
- Prepare and implement Positive Behavioral Support(PBS) programs, group and individual therapy; evaluate programs; provide training; serve as a consultant.
- Responsible for coordinating the PBS services to individuals hospital wide.
- Individual and group psychotherapy.

2002 - 2003 Neuropsychology Graduate Student Extern

# ORGANIZATIONS

American Psychological Association (APA)

Accelerated Experiential Dynamic Psychotherapy Institute (AEDP)

The International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)

Binghamton Psychiatric Center, New York

Population served included severe and chronically mentally ill patients with major depression, bipolar disorder, schizoaffective, schizophrenia and severe personality disorders in an inpatient psychiatric setting.

- Conducted comprehensive neuropsychological assessments including administration, scoring and report writing.
- Communicated assessment information and made treatment recommendations to multidisciplinary treatment team of psychiatric technicians, nurses, rehabilitation psychologists and psychiatrists.
- Assessment issues included distinguishing between progressive degenerative processes versus affective disturbance and other psychiatric problems.
- Determination of cognitive strengths and weaknesses to aid rehabilitation and treatment planning.

2004 - 2006

Clinical Neuropsychology Intern / Postdoctoral Neuropsychology Fellow

Department of State Hospitals - Patton, Calif

Population served consists of psychiatric inpatients with a wide range of mental disorders including psychoses, mood disorders, personality disorders, substance abuse disorders, and neuropsychological impairment.

Clinical duties included:

- Psychological and neuropsychological assessment with relevant forensic issues.
- Supervision of interns and clerks on psychological and neuropsychological assessments.
- Seminar Instructor to interns regarding various topics in biological psychology and neuropsychology.
- Didactic contribution to postdoctoral seminars in neuropsychology.
- Provide group and individual psychotherapy with severely mentally ill individuals.
- Conduct personality and intellectual assessments to inform treatment planning as well as forensic issues.
- Conduct comprehensive neuropsychological assessments and provide cognitive rehabilitation services.

2001 - 2002

Psychology Graduate Student Extern

Broome County Community Mental Health Clinic, New York

Clients seen were predominantly from low-income or disadvantaged backgrounds. Duties included:

- Collaborated with community service agencies to assist clients in gaining access to employment and educational opportunities.
- Conducted intake evaluations, forensic evaluations, psychodiagnostic assessments and individual psychotherapy with a variety of clients (adults and children.)
- Established and monitored treatment plans. Interventions were primarily cognitive behavioral in orientation.
- Therapeutic issues included anxiety disorder, major depressive disorder, bi-polar disorder, conduct disorder, head injury, schizophrenia, as well as other psychotic disorders.
- Produced daily progress notes on client caseload. Presented cases weekly in multidisciplinary team meetings. Team members included social workers, nurses and psychiatrists.

2000 - 2001

Neuropsychology Graduate Student Extern

Elmira Correctional Facility, New York

Population served included adult male inmates in maximum security prison. Duties included:

- Worked as part of a multidisciplinary treatment team including social

workers, psychiatrists, psychologists and department of corrections personnel.

- Conducted comprehensive neuropsychological assessments in a maximum-security prison setting.
- Met with treatment team weekly. Provided treatment recommendations for behavioral management strategies to meet forensic and clinical goals based upon the nature and extent of cortical dysfunctions within the inmate.
- Assessment issues included evaluations of malingering cognitive impairment, traumatic brain injury, and recommendations for appropriate custodial placement.

1999 - 2000

#### Neuropsychology Graduate Student Extern

Wilson Memorial Regional Medical Center, New York

Population served included both outpatient and inpatient settings in a regional medical center. Worked as neuropsychology consultant to the hospital's neurosurgeons group. Duties included:

- Conducted comprehensive neuropsychological assessments within a medical center setting. Clients seen included both inpatients and outpatients with a variety of suspected and known neurological disorders(adults and children).
- Clients were referred from various departments within the hospital including, neurology and neurosurgery services, rehabilitation unit, pediatrics, as well as from general medical practitioners within the community.
- Assessment focus included relation of findings to medical-legal issues, educational and vocational needs and limitations, behavioral/psychological manifestations of brain injury, pre and post surgical cognitive evaluations, and follow-up evaluations to assess degree and nature of behavioral changes from previously established baselines to aid in defining natural course of the disease or recovery process.

1998 - 2002

#### Graduate Student Clinical Psychology

Binghamton University Psychological Clinic

Population served included university students and individuals from the community. Worked with individual clients intermittently throughout my graduate studies.

- Provided assessment, diagnosis and long-term individual outpatient psychotherapy.
- Treatment plans prepared with a focus on measurable outcomes. Maintained monthly progress notes.
- Therapeutic techniques primary included, cognitive behavioral, supportive, and psychoeducational. Therapeutic issues included depression, social phobia, anxiety and personality disorders.
- Served as Neuropsychology Group Coordinator for the Psychological Clinic, provided screenings and follow-up of client referrals. I served as liaison between clinic assistant and neuropsychological assessment group. Reviewed cases and presented to group for assignment to clinicians and scheduling of clients of neuropsychological evaluations.

Summer -  
1996

#### Neuroscience Research Fellow

University of Colorado at Boulder

Awarded 3-month research fellowship for undergraduate students interested in pursuing graduate training.

- Research assistance in behavioral neuroscience lab.
- Conducted experimental studies in models of epileptic seizure.

1993 - 1995

#### Student Volunteer

Kern County Mental Health Association, Calif

- Assisted professional staff in providing case management services to chronically mentally ill clients residing independently and in board and care facilities.
- Assisted professional staff in obtaining and documenting client information. Prepared and maintained case management records in accordance with system standards.
- Conducted intake interviewing for community mental health project.
- Assisted in gathering data and statistical information to be utilized by professional staff in developing reports.

## EDUCATION

- Aug - 2005      Clinical Psychology Internship, Neuropsychology  
Department of State Hospitals, Patton CA  
Accredited, American Psychological Association (APA)
- Dec - 2005      Ph.D. Clinical Psychology  
State University of New York at Binghamton  
Accredited, American Psychological Association (APA)
- May - 2002      M.A. Clinical Psychology  
State University of New York at Binghamton  
Member, Academy of Clinical Psychological Science Committee
- Aug - 2006      Post-Doctoral Fellowship in Clinical Neuropsychology  
Department of State Hospitals, Patton CA  
Member program of the Association of Psychology Postgraduate and Internship Centers
- June - 1997      B.S. - magna cum laude - Outstanding Graduating Senior  
California State University, Bakersfield  
Major:Psychology, Minor:Biolog

## PUBLICATIONS

- Corbett, L., Karyadi, K., Kinney, D., Nitch, S., Bayan, S.M., & Williams, M. 2017. Impaired verbal learning in forensic inpatients with Schizophrenia Spectrum Disorder. *Applied Neuropsychology: Adult* 10,:1-8
- Williams, M.A., Sklar, A.H., Burreight, R.G. & Donovick, P.J. 2004. Temporal Effects of Dialysis on Cognitive Functioning in patients with ESRD. *American Journal of Kidney Disease*.Apr, 43 (4): 705-11